



Monthly Report

April 2019

DBWC President Receives the Madrid Woman's Week International Award

Dr. Raja Al Gurg, President of Dubai Business Women Council recently received the Madrid Woman's Week International Award, a recognition to women who have made a significant contribution in their chosen field of expertise. The Women's Week Foundation presents this award every year during the International Women's Week Summit to accomplished women leaders.



DBWC's President selected as a member of the Emirates Schools Establishment

April 8, 2019

The UAE Cabinet has approved the formation of the Board of Directors of the Emirates Schools Establishment under the chairwomanship of Jameela Al Muhairi, Minister of State for Public Education, to support the objectives of the Establishment and enhance the efficiency of the federal education sector.

The board will be tasked with the development of policies, strategies, initiatives and standards related to the education sector in the UAE. It will also propose regulations to enhance the learning environment and propose education programmes in public schools



with the aim of reaching an integrated educational system that contributes to the advancement of education.

The Board includes Mohammad Khalifa Al Mubarak, Chairman of Abu Dhabi Tourism and Culture Authority, Khalfan Juma Bel Houl, CEO of Dubai Future Foundation, **Dr. Raja Esa Al Gurg, Managing Director of the Esa Saleh Al Gurg Group**, and Najla Al Midfa, General Manager of Sharjah Entrepreneurship. It also includes the following; the Assistant Undersecretary for Knowledge and Cultural Policies at the Ministry of Culture and Knowledge Development, the Director of the Higher Colleges

of Technology Complex, a representative of the Ministry of Community Development and a representative of the Federal Youth Authority.

The Emirates Schools Establishment was established as an independent entity to manage and operate public schools in order to advance the education sector in line with UAE objectives. It oversees the implementation of policies, strategies, and standards related to the education sector.

Women in Banking and Technology with JP Morgan



April 8, 2019

DBWC members and guests were invited on April 8th for an exclusive session with JP Morgan. The session was a great opportunity to meet with one of JP Morgan's senior women and to hear directly from Christine Moy, Head of Blockchain Program on the firm's leading position and cutting-edge initiatives in the space of Innovation and Technology.

The discussion was moderated by Maya Omeiri, Head of Treasury Services Global Public Sector Segment at JP Morgan. The session that was attended by 40 members and guests provided real tips on how to turn great ideas into real business solutions as well as the

best practices on how to successfully lead and adapt organizations in such a fast changing environment on all fronts.

Successful Leadership Now and Tomorrow: Lessons from M&A



April 11, 2019

Consolidating two companies is complex business and eight out of ten mergers fail. In this workshop our visiting speaker Angelica Carr who delivered a half day workshop for DBWC Members shared the keys to successful M&A integration and highlighted new management strategies around change, communication and speed.

As a global business coach, **Founder and CEO of Aim Business Coaching** Angelica combined M&A insights with her broad experience to encourage leadership skills of our members. This thought-provoking exploration of modern management style with AIM Business Consulting and how to make sense of the future will help the DBWC members excel in their business and/or careers.

➤ **Dubai Chamber Concludes High-Level Trade Mission to Panama with the participation of DBWC Board Members**

Delegation of 70 businessmen from the UAE recently visited Panama where they met with public and private sectors stakeholders

April 17,2019

A delegation of 70 businessmen from the UAE led by Dubai Chamber of Commerce and Industry (Dubai Chamber) recently concluded a trade mission to Panama which aimed to explore business opportunities emerging in Latin America that can be accessed through the regional trade hub.

The visiting delegation that includes the Dubai Business Women Council Vice President, Mrs. Faiza Al Sayed ,and Board Members Mrs. Sofi Saleh, Mrs. Samia Saleh, Mrs. Fathiya Al khamiri and Ms. Maryam Al Noori met with key stakeholders from the Panama's public and private sectors, including H.E. Juan Carlos Varela, President of Panama; H.E. Isabel de Saint Malo de Alvarado, Vice President and Foreign Minister of Panama; HE Néstor Gonzalez, Minister of Industries and Commerce, Panama; and other top government officials and businessmen from the country on the sidelines of the 3rd Global Business Forum (GBF) on Latin America in Panama City which coincided with the week-long trade mission.

During a private meeting, H.E. Varela highlighted the key areas of progress where Panama and the UAE have aligned their efforts, such as easing of visa restrictions, the opening of embassies and the hosting of GBF Latin America 2019 in Panama which he described as important developments that will pave the way for continued business exchange and commerce between the two countries.

UAE delegates participated in site visits to the expanded Panama Canal, City of Knowledge and the Colón Free Trade Zone, the largest free port in the America and the world's second largest free trade zone. During the visits, the delegates learned about new investments and technologies that are being allocated and adopted to improve ease of doing business in Panama and expand the country's services sectors.

DBWC Hosts its April Networking Breakfast at Kizmet



April 22, 2019

The Dubai Business Women Council hosted its April networking breakfast at Kizmet Restaurant at Dubai Opera. In a lovely and relaxing ambiance, the DBWC members enjoyed networking with other fellow members which help our members create a network of trusted and serious connections who share the same passion in developing their business and willing to grow it in collaboration with other likeminded business women in various fields.

DBWC hosts Mums@work for a Session Delivered by Virtuezone

"Which of the UAE's 49 free zones is the one for you?"



April 23

The Dubai Business Women Council hosted with Mums@work a session delivered by Virtuezone entitled "Which of the UAE's 49 free zones is the one for you?" that covered the following:

- Who is your Trusted Setup Partner?
- What Kind of License Do You Need?
- Benefits of Setting Up Through a Free Zone
- Why set up in Fujairah CC, RAKEZ, Dubai South, DMCC and in Dubai Internet City?
- Why it is important to Seek Assistance from a Company Formation Specialist like Virtuezone?
- What are Virtuezone Business Support Services
- Referral Programme of Virtuezone

Dubai Business Women Council launches 2nd cycle of Mentorship Programme

42 applications received in cycle of DBWC Mentorship Programme 2019 and Briefing Session was held to introduce trainees to the mechanisms of the programme



21 March 2019

The Dubai Business Women Council (DBWC) has announced that 42 members submitted their applications to join in the 2nd cycle of DBWC Mentorship Programme 2019, which was launched following the resounding success achieved in the first cycle.

The six-month programme, which will end in October, will foster businesswomen and female entrepreneurs' skills, develop their expertise, and enhance their competitiveness within the business community.

The programme was launched as part of the DBWC's leading initiatives to celebrate the Year of Tolerance. The steering committee of the 2nd cycle has recently held a meeting to approve the names of mentees and bring them together with the counsellors, where 34 mentors paired with 34 participants in order to appoint the right mentor for the right participant, given that each mentee seeks to develop a particular area.

Members of the steering committee include Nadine Halabi, Business Development Manager of DBWC, Hanane Arif, Head of Communication and CSR and Business Development officer at Societe Generale Corporate and Investment Banking Middle East, and Salma Sakhnini, Founder and Managing Director ICON Investment Consultants, and Nazha Osseiran, managing partner of Chipmunk General Trading (L.L.C.).

The Executive Committee of DBWC will also hold a meeting on March 21 in the presence of the mentors so as to introduce trainees to the mechanisms and methods of mentorship.

The participating members will be mentored by renowned experts specialized in professional disciplines, according to a comprehensive plan set based on the mentors' meeting with the participants. Representatives of prominent international companies are delivering the training including Patchi, Google, BWC, Facebook, JPMorgan Chase & Co, Edelman, University of Wollongong-Dubai (UOWD), Canon Middle East, among many more.

Commenting on the occasion, Nadine Halabi said: "The DBWC mentorship programme has become an essential pillar of the council's plans. It focuses on enhancing the competitiveness of its members, through offering customized mentorship and training that meet the mentees needs. This is in fact what makes our mentorship programme special, the way it responses to the needs and requirements of each participant.

It is no doubt one of our unique initiatives thanks to being up to date with the best practices adopted in the field of vocational guidance. It will help participants develop their personal entrepreneurial characteristics and get necessary support when needed from networks and organizations concerned with developing projects" Halabi added.

She stressed that the programme will enable participating members bolster their capacities, nurture their skills and improve the institutional and professional performance. Through its diverse initiatives, the DBWC is committed to empower its members and enhance their skills and this is the ultimate goal of all DBWC's year-round programmes, initiatives and events.



DBWC Concludes its Women's Health and Wellbeing Conference concludes on a high note



A series of educational sessions and interactive dialogues consolidated concepts of human development, medical care and professional development.

Al Gurg: Year of Tolerance represents ideal opportunity to merge business skills into values of tolerance.

One-day event adopts key recommendations, highlighting the importance of balance between work and personal life.

April 25, 2019

The Women's Health and Wellbeing Conference has ended on a high note by tackling a wide range of vital issues that directly affect women's personal and professional life, in the presence of over 70 attendees.

Organized by the Dubai Business Women Council (DBWC) in collaboration with Mindfulness UAE at the headquarters of Dubai Chamber of Commerce & Industry, the conference came as part of the council's initiatives to celebrate the Year of Tolerance and promote the authentic values of tolerance.

The event aimed at encouraging businesswomen and female entrepreneurs to adopt a healthy and more balanced lifestyle that reduces work and daily life burdens. It also aimed at helping female entrepreneurs pursue their careers and achieve personal and professional success.

The one-day event gave participants the opportunity to review the best practices, techniques and expertise in medical care and human development.

It also raised participants' awareness on meditation techniques, well-being and happiness through a number of educational sessions and interactive dialogues, which highlighted the importance of happiness and improving healthcare in order to attain a more balanced and successful lifestyle.

"The conference has achieved its ultimate goal of raising the participants' awareness on how important it is to strike a balance between the personal and professional life," Dr. Raja Al Gurg, President of the Dubai Business Women Council said.

As part of its objectives, the Dubai Business Women Council seeks to promote the concept of human development within the business community. It does so by helping businesswomen acquire personal and professional skills and expertise that enable them to play an effective role in supporting the UAE's development process, Al Gurg added.

She noted that the Year of Tolerance represents an ideal opportunity to merge business skills into the values of tolerance established by the wise leadership in the business environment.

"Tolerance begins with a person's ability to tolerate himself and cope with life and work pressures through following a healthy lifestyle and maintaining one's health and happiness. These are in fact the most influential factors in the management of one's life, family and career. The professional success is undoubtedly the fruit of being successful in running your own life and pressures," Al Gurg mentioned.

The DBWC President reaffirmed that the conference has come up with a set of key recommendations, most notably the need to adopt a healthy lifestyle and tackle work-related tensions and pressures through simple techniques including meditation.

Highlighting the DBWC's commitment to empower women, Dr. Al Gurg stressed that the council has a rich calendar of year-round events that are designed to promote the best international practices among businesswomen and train them for the next stage of development and professional growth.

The conference, which was organized with the support of Valiant Clinic and PwC Middle East, and it brought together an elite group of experts and speakers who shared their expertise in medical care, mindfulness meditation, well-being and happiness.

In her keynote addresses, Nadine Halabi, Business Development Manager at DBWC, stressed that hosting the Women's Health and Wellbeing Conference is a step in the right direction towards enhancing the participants' mindfulness so as to become the best version of themselves, capable of addressing challenges, pressures and pursuing the path of success, excellence, happiness, health and prosperity.

Halabi added that the conference sends a message from the council to all women that their health and happiness matters and tops its priority. The event has discussed a wide range of vital issues that directly affect women's personal and professional life and strengthen the council efforts to build a promising future for working women.

The conference began with a special session on "Mindfulness & Self-compassion" run by Mindfulness UAE, followed by a speech by Dr. Iman Abisourour (Valiant Clinic) focusing on "Preventative Health & Early Detection".

The first panel discussion titled "Hormones & Reproductive Health: What You Should Know" brought together Dr. Rosalie Sant (Primavera Clinic), Sophie Smith (Nabta Health) and moderated by Mariam Farag (MBC Group).

The event featured a special session titled "Yoga: Benefits Beyond the Mat" run by Della Warren and another session themed "Parenting & Social Media: Expert Tips and Insights", offering a variety of tips and recommendations for parents to address social media challenges facing children nowadays.

The conference continued its series of activities, with a session dedicated to discussing "Pre and Post-natal Depression: What You Need To Know" by Dr. Marie Thompson (Vivamus Clinic).

Themed "Understand Chronic Pain: Psychological science of chronic pain, How Mindfulness can ease chronic pain", the second panel discussion witnessed the participation of Dr Harry Horgan (German Neuroscience Center) and Bahar Wilson (Mindfulness UAE) as panelists and was moderated by Nadine Halabi, Business Development Manager at DBWC.

Three more simultaneous roundtable discussions were also held. The first entitled "Breaking Unhealthy Eating Habits" was moderated by Pamela Durant (Diapoint ME), the second themed "The Pursuit of Happiness: Why You Should Live in the Moment" was moderated by Bahar Wilson (Mindfulness UAE), while the third one "Healing with Homeopathy: Alternative Medicine Gaining Popularity" was moderated by Angela Murlowska (Dubai Homeopathy Health Centre).

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