

I have noticed that most organizations face a problem in employee's engagement, especially the younger generations who have a different approach to the concept of job than the conventional understanding of work which was dominant through most of the twentieth century; the thing that results to lower productivity, negative workplace atmosphere, high rates of staff turnover and poor customer service. I have 14+ years of versatile experience across diverse organizational domains, with significant exposure in customer service, learning,

training, coaching, and office management

My background in the customer service area gave me numerous valuable opportunities to work with a wide range of people with diverse cultures and backgrounds. I had a chance to deal with and handle various issues, requests and complaints on a daily basis, the thing which equipped me with exceptional communication, problem solving, adaptability and organizational skills.

Having worked my way up to senior customer service manager, and throughout my position, I have been assigned the mission of training customers to use new programs, prepare training materials for new systems and operations platforms and deliver them to employees.

I always had a passion for coaching, learning, educating and training; I did work as a teacher and trainer before, and I now took the step and moved to a full-time career as a business trainer & behavioral coach. Running my own business, I am actively enhancing my professional experience and academic knowledge, I am currently at my third and last year of a Master in Human Resources Management from University of Roehampton, furthermore I am a ICP Certified, Master Life Coach, Relationship Coach, Master NLP Coach and Practitioner from Robert Simic Coaching Institute as well as a Corporate Business Coach in the field of Leadership, Communication, Customer Service Excellency & Corporate Dynamic.

With more than eight hundred hours of group trainings and many personal coaching sessions, I have the skills, the experience and most importantly the strong desire and passion to keep growing my business with confidence and excitement.

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Women have been fighting through history for their rights in education, job opportunities and simply for enjoying free living and free choices. Modern women have gained lots of these rights, they made the transition from looking after their home on to managing their own business and affecting change. In the past and now in larger numbers we find scientists, artists, lawyers, politicians, journalists, entrepreneurs, CEOs, doctors and many more.

Our grandmothers are proud of where we are at today. Things keep getting better for us women until we have reached a point in our journey as women where we have to stop looking back and decide if we have gone a bit too far. Many questions come to our mind when we see successful modern women struggling in finding their happiness and purpose of life, many of them are torn between career, motherhood and love life.

How did today's women get disconnected from their essence as a female in their journey for freedom? Are we maybe proving one too many?

## **Learning Outcomes:**

This workshop is designed to address the issues and struggles that face modern women in all aspects of their lives. The following topics will be discussed:

- Pride and ego when does it serve you and when it doesn't
- Self-image are you true to yourself?
- The art of acceptance how to accept to be loved, respected, and treated like the woman you truly wish to be
- Making peace with your vulnerability and transforming it to a tool of strength
- Dealing with expectations and disappointments when is enough, enough?
- Unifying body & soul
- Living the fairy tale love story one house, one man
- The integration of the two worlds modern and determined yet sensitive and vulnerable

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