

About The presenter



Sahar Riad

Co-founder
The Brain Workshop

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I'm Sahar. I change lives one brain at a time.

I'm also: Co-founder of The Brain Workshop, wife of the man I co-founded The Brain Workshop with, mother of 2 intelligent professionals, a book worm (currently reading Grit, by Angela Duckworth) and a strong advocate for cognitive skills (the tools we use to learn, think, process info and perform our daily tasks).

My passions include training and education. So I left the corporate world and pursued a career in learning, while acquiring a teaching certificate along the way.

The Brain Workshop allows me to share my knowledge and passion for training and education on cognitive skills every single day. I can relate to my adult clients and parents of my younger clients on a personal level because I was once in their shoes.

At the age of 13, my son Faris went through some of the training that we offer at the Center. The results drastically improved the quality of his life. I aim to share my knowledge with those of all ages and abilities. I aim to assist them in reaching their goals no matter how high and achieving their dreams no matter how impossible they seem to be.

Offer

All DBWC members and their families get a 30% off Cognitive Skills Assessment all year through



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