

## Master Class Workshop One: Getting to Know Yourself through Transactional Analysis

**Monday October 3<sup>rd</sup>, 2016**

Registration Closing date

**Thursday September 29, 2016**

Registration and networking will take place as of 8:15 am

Session will begin at 9:00 am promptly.

**[Register for Master Class Workshop One HERE](#)**

The first step in creating a powerful presence and having highly effective relationships is knowing oneself. During this first master class you will be introduced to Transactional Analysis psychotherapy theory in the context of who you are being in order to start a journey of self discovery to unlocking your full potential.

### Key Learning Objectives:

- Introduction to Transactional Analysis Theory
- Improving your interaction and approach with others through understanding of who you are being
- Understanding the different transaction types (crossed, complementary, ulterior)
- Understanding the role of strokes and discounting during your interactions with others.

## Master Class Workshop Two: Transactional Analysis in Conflict Resolution

**Monday November 7, 2016**

Registration Closing date

**Thursday November 3, 2016**

Registration and networking will take place as of 8:15 am

Session will begin at 9:00 am promptly.

**[Register for Master Class Workshop Two HERE](#)**

In order to manage and resolve conflict large or small, knowing the position you will adopt and understanding the position others will adopt in conflict can lead you to a swift resolution and or even preventing the conflict from happening in the first place. In this second master class of inspiring powerful women in business you will gain an insight into your Life Position & the role you adopt in the Drama Triangle.

### Key Learning Objectives:

- Introduction & understanding to Life positions and their impact on who you are being during conflict
- Introduction & understanding of the Drama Triangle and the role you adopt within it during conflict
- How to manage and resolve conflict through knowing who you are being during conflict

## Master Class Workshop Three:

### Re Scripting Your Life Position Towards Unlimited Potential

**Monday December 5, 2016**

Registration Closing date

**Sunday December 4, 2016**

Registration and networking will take place as of 8:15 am

Session will begin at 9:00 am promptly.

**[Register for Master Class Workshop Three HERE](#)**

When you understand the way you think, you are able to better influence the results you get. In this final master class in the inspiring powerful women series you will put together a blueprint for being more powerful based on the reflections and insights from the previous master classes.

### Key Learning Objectives:

- Putting it all together to fully unleash your potential and power in who you are being
- Re defining your leadership and personal impact in and out of work
- Empowering oneself through managing your inner child & parent